

POOL SCHEDULE!

Schedule subject to change at any time

July 20th - August 21th



and cloth can be used. <u>staytonpool@ci.stayton.or.us</u>							
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Lap Swim/ Water Movement 7:00 am -7:55 am	Lap Swim/ Water Movement 7:00 am -7:55 am	Lap Swim/ Water Movement 7:00 am -7:55 am	Lap Swim/ Water Movement 7:00 am -7:55 am	Lap Swim/ Water Movement 7:00 am -7:55 am			Please Read
Core Conditioning 8:30-9:25	Lite Aquacise 8:30-9:25	Core Conditioning 8:30-9:25	Lite Aquacise 8:30-9:25	Core Conditioning 8:30-9:25			The Stayton Pool
Power Hour 10:00-10:55	Power Hour 10:00-10:55	Power Hour 10:00-10:55	Power Hour 10:00-10:55	** Power Hour ** ("Tune-up Time" 1st		Pool Closed	will be doing a soft opening at
Joints in Motion/ Deep Plunge 11:30-12:25	Lap Swim/ Water Movement	Joints in Motion/ Deep Plunge 11:30-12:25	Lap Swim/ Water Movement	& 3rd Fridays) 10:00-10:55			
	11:30 -12:25 p		11:30 -12:25 p	Lap Swim/ Water Movement 11:30 -12:25 a	Pool Closed		this time. Each class will be 55
Lap Swim/ Water Movement 1:00-1:55 p	Senior/ Disability Time 1:00-1:55 p	Lap Swim/ Water Movement 1:00-1:55 p	Senior/ Disability Time 1:00-1:55 p	Senior/ Disability Time 1:00-1:55 p			with 30 mins. between each program to allow patrons time to exit the pool and staff to clean area. Patrons
Pool Closed	Pool Closed	Pool Closed	Pool Closed	Pool Closed hese SYM	PTOMS		
		FEVER	DRY CO	UGH SHOP	RTNESS		must sign up to attend the pool. Sign ups available online, email or phone